

Seborrheic Keratoses

Seborrheic keratoses are benign skin lesions, most commonly seen in adults of middle age or older. They vary in color from brown to black and may occur anywhere on the body, although they are most commonly found on the head, neck, scalp and upper trunk. The lesions have what might be described as a “stuck on” appearance.

Because these lesions are benign, there is no reason to remove them other than cosmetic appearance or if the lesions tend to get rubbed and irritated. When a patient wants a seborrheic keratosis removed, this is typically accomplished with scraping, treatment with liquid nitrogen, or laser vaporization.

As with any growth on the skin, you should monitor these lesions for any sudden changes in color, shape or sensitivity. If something seems different, call Family Dermatology to have someone examine the suspicious growths.

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