

Wart Treatment: DNCB

DNCB – dinitrochlorobenzene – is a rare chemical that can stimulate immunity in the body, giving it the ability to fight off wart viruses.

Treatment begins with painting a weak DNCB solution onto a small spot on your forearm. It is important to keep this site covered and dry for 48 hours, then remove the covering and wash the area well.

Most people – about 95 percent – become sensitized to the chemical in about two weeks. Sensitization is evidenced by a small, red rash on the spot where the DNCB was applied.

Once the body is sensitized, an even less concentrated solution of DNCB is painted onto several or all of the warts. The chemical attracts wart-killing tissue and blood cells, which begin the process of making the area immune against the wart virus. It is not necessary to keep all the sites covered, but they should be kept dry, preferably overnight after treatment. Treatment will need to be repeated about once a week.

Side effects include localized itching and mild inflammation. Your doctor will prescribe a cream that you can put on any sites that have severe redness or itching. Some patients break out in a more widespread rash, but this is rare and controllable.

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