

Wart Treatment: SADBE

SADBE – squaric acid dibutylester – is a rare chemical that can stimulate immunity in the body, giving it the ability to fight off wart viruses.

Treatment begins with painting a weak SADBE solution onto a small spot on your forearm. It is important to keep this site covered and dry overnight, then remove the covering and wash the area well.

Most people become sensitized to the chemical within about two weeks. Sensitization is evidenced by a small, red rash on the spot where the SADBE was applied.

Once the body is sensitized, an even less concentrated solution of SADBE is painted onto several or all of the warts. The chemical attracts wart-killing tissue and blood cells, which begin the process of making the area immune against the wart virus. It is not necessary to keep all the sites covered, but they should be kept dry, preferably overnight after treatment. Treatment will need to be repeated about once a week.

Side effects include localized itching and mild inflammation. Your doctor will prescribe a cream that you can put on any sites that have severe redness or itching. Some patients break out in a more widespread rash, but this is rare and controllable.

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